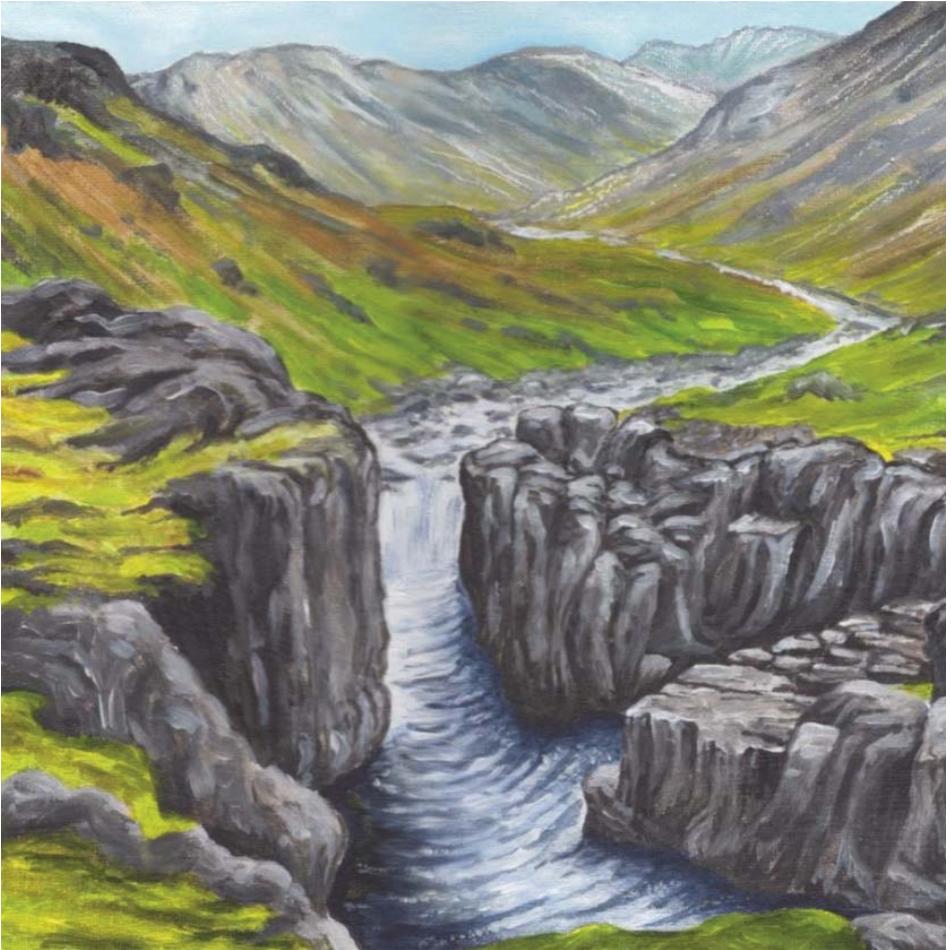


The Borrowdale News

June / July 2018



'Black Moss Pot - Langstrath'
by Gill Bulch

Framed prints and greetings cards of this painting and others are for sale in Grange Methodist Chapel in aid of The Borrowdale Story

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THE BORROWDALE STORY

Members of the Borrowdale Story Project have been hard at work creating and setting up the New 2018 Exhibition in The Methodist Church, Grange. The exhibition, which is announced with two new banners, is now up and running and is proving to be very popular with some excellent feedback from visitors. In addition to the existing range of leaflets, interpretation boards and wonderfully informative wall books of valley history, we have two new leaflets on short walks from the chapel.



The rolling file of images on the monitor has been significantly improved with some new images of The Askew family, Jake Jenkinson (the oldest Borrowdalian) and his family, some newly identified members of the Mounsey family, Longthwaite Farm gems and some new images of the Borrowdale hamlets.

The display boards have been refreshed with new material with a floral theme.

And the newly researched and created display of Borrowdale Steel items sits proudly in two new glass display cabinets with archive documents on the panels adjacent to them. The project has been able to buy both steel and copper products and several residents have loaned some wonderful items.

Please pop in and have a look at the displays when you are passing as you might just be surprised at what is on offer. It may also prompt you to tell us what we're missing, where we've gone wrong, or what might be a good idea for inclusion either this year or for our 2019 exhibition. We'd love to hear your views.

Perhaps you think the party for Malcolm and Judith on 7th July should become an annual event! First of all though you must get in touch with me, (David Woodthorpe 77828) for a ticket to this one!



INSTITUTE

ANNUAL GENERAL MEETING

The Annual General Meeting (AGM) was held at the Institute on Monday 9th April, and the following Trustees were elected: Malcolm Stonestreet (Chair); Julie Betteridge; David Hindmarch; Pam Cooke; Adrian Paye; Andy Roberts and Joe Weir. In addition, the following people were confirmed as Appointed Trustees, helping us to form strong links with other local bodies: John Bennett (Parish Council); Freda Chapman (Borrowdale Story); Craig Fearon (Young Farmers); Lewis Harrison (Hospitality); Rev. Charles Hope (Church) and Ralf Smits (School).

REFURBISHING THE BUILDING

The plans, which incorporate the changes suggested by visitors to our recent Open Day, have been approved by the Lake District National Park Planning Authority. Many thanks to Simon and Laura from Miller Clear Architects for achieving this in record time. Whilst we awaited the decision we had a professional evaluation of the likely cost carried out and it became clear that our very ambitious plans exceeded our budget of £260,000. We are therefore reviewing how to reduce costs to meet our budget, whilst ensuring we retain the improvements you have asked for.

FUNDRAISING

Our local fundraising has been hugely successful and Borrowdale people have been very generous in donating money to our fund. To date, more than £14,000 has been donated and this, together with existing Institute funds, means we have a fighting fund of £30,000 to demonstrate to the major charitable funders the huge local support for our project. Thank you to all who have donated money and supported us in our work.

Many thanks to all who have joined the 200 Club. Every ticket has been sold and the first draw took place on Sunday. The winner of £100 was Joe Weir and he is generously going to spend it on providing a new bus stop at Honister. Thanks and congratulations to Nigel Dixon who has been solely responsible for promoting this very successful part of our appeal.

Our next step, once we know the outcome of the planning application, is to finalise the costs and apply to the major funders for grant support. We will keep you informed of our progress.

SNIPPETS

John Taylor died in Congleton last month. He was a Borrowdale man, born at Mountain View and worked much of his life at **Honister Slate Mine**. So he is one of the last who worked that mine which was the core business of the Valley. He was buried at Saint Andrew's on Friday 11th May.

My little friends - I noticed when out for a run on Saturday that along the Borrowdale Road my little friends **Pot, Crack and Hole** seem to have gone on holiday and left Mr Smooth and his mate Patch behind!! **Progress** at last and our complaints eventually have been listened to. Pity it had to be done after the walls were decorated but never mind. I'm not sure who to thank but maybe you do and can pass a well done onto those who matter.

Snippets was up at Andrew's. Had a potter round. It was like **The Garden of Eden** before the apple disaster. Whole lot of naked women, just standing there. Apparently they were waiting for the remarkable **Lynn Hopwood** who was about to arrive with a million pounds worth of wedding dresses. It made Snippets sit down and ponder.

Another problem - Snippets has a **Christmas Card** list with a hundred names and addresses on it. I've told him he will have to write to them all NOW and get permission to send them a card in December. Probably best to send the card now and save on postage.

Another generous donation for the **Saint Andrew's Organ Fund**. It now stands at **£35,600**. Very grateful. Very generous.

19 in every 20 people haven't a clue what to do
when someone has a heart problem.

In UK only 10% survive a Cardiac Arrest away from hospital
- and we are a long way from a hospital.

**Heartstart is a two hour training course
run by Keswick and District First Responders**

We are about to place a defibrillator outside
The Borrowdale Story and The Institute.

Would you like to know how to use it and help people who are in need.

Welcome: The Institute - Tuesday June 19th 7-9 pm.
and The Borrowdale Story - Thursday 21st June same times.

Further enquiries: **77671** or **Jim Weir** on **77292**

NATIONAL TRUST UPDATE

Thorneythwaite

We're working with Joe on delivering the management plan for the land, so 'meadow 1' is not being grazed, with a view to allowing it to become a hay meadow – we might be looking for some volunteer help later in the year for plug planting. Lambing is happening in 'meadows 2,3 and 4'. Hoggs (young females) are now back from wintering away and are on the common. Ewes with lambs are going up when ready. We really need help from people walking through Thorneythwaite to help protect the wood pasture by making sure gates onto the common are closed. Please close open gates on the path if you see them.



The wood pasture at Thorneythwaite will only thrive if we protect saplings from being munched off by grazing animals, please close the gate to help protect this special area

We are planning another community open day/evening at Thorneythwaite in September, watch this space!

Protecting Clean Rivers at Stonethwaite

We'll be replacing some fencing upstream from Stonethwaite just beyond the fell gate in the Langstrath to re-inforce a thick vegetation buffer between the river and the track, on which the sheep gather. The river edge vegetation is being protected to reduce the flow of sheep muck getting into the pristine water where many people swim. The protected riverine strip is also great habitat for birds and insects and the larger more robust plant roots protect the bank edges from erosion.



Protecting river margins provides wildlife corridors as well as improving water quality

Spider Digger Maiden Moor Fixing The Fells

Looming large above Grange, stands Maiden Moor. In recent years the vegetation along the ridgeline path has been worn away by the many walkers. Exposed soils have then been washed out by increasing storm events creating gullies that then become more difficult to walk along. A new path is started to the side and the cycle continues. The scale has become too wide to tackle by hand, stretching over several hundred meters. Over the next few weeks a special walking spider digger will be employed by contractors Terra Firma to effectively block the numerous gullies and to slow the flow of water off the fell. A new path will be created reducing the impact on the surrounding land longer term.



You can see how the path has been widened and created an erosion scar

Getting Ready for Summer

We'll be out getting the car parks in the valley ready for the summer holiday – mending pot holes, strimming back brambles, making sure it all looks good before the busiest month of the year. It's not glamorous, but it does need doing. We've also been given a £5,000 donation to bring the path surface on the west shore of Derwentwater back up to scratch, and we'll be doing some maintenance on the boardwalk from Manesty to Lodore.



Every time a National Trust member scans their card at a car park it brings an extra £1 for conservation work in Borrowdale

WOULD YOU KNOW WHAT TO DO IN A FIRST AID EMERGENCY?

A family member cuts themselves at home and has a very bad bleed.

A neighbour collapses in the street.

In a cafe someone starts choking on a piece of food and is going blue.

Ambulance crews get called to such incidents all the time. Often they arrive to find bystanders wanting to help but unsure and hesitant of what to do. It's a fact that 19 out of 20 adults would not be confident to give first aid in an emergency. In a rural area such as ours, with ambulance response times a lot slower than city areas, the consequences can be dire.

To help address the situation, The British Heart Foundation (BHF) established HEARTSTART, an initiative to teach emergency life-saving skills to the British public.

There are over 1,700 HEARTSTART schemes in the UK and one of the local ones is coordinated by volunteers from Keswick and District First Responders. On a 2-hour HEARTSTART course you learn:

- how to recognise heart attack and cardiac arrest
- help an unconscious person
- perform CPR, or be able to talk someone through it
- help someone choking
- respond to a serious bleed

Also covered is how to operate an Automated External Defibrillator.

Heartstart courses in the Borrowdale Valley will run in the very near future. It's totally free of charge, gives practical "hands-on" coaching, is fun and, in an emergency, could save someone's life.



HEARTSTART – creating a nation of life savers

CHURCH MEMORIES FROM CHILDHOOD

The Sermon – How to cope when it’s boring!

We were always very well-behaved and attentive during the sermon. Why? Not because we were taking it in, but because we were playing the Alphabet Game – listening for a word beginning with ‘A’, or ‘B’ etc.



Betty Walker

The object was to see who could get the furthest. I don’t now remember what we did about words beginning with letters like ‘Z’. ‘EX’ counted as ‘X’!

Hats

I have never liked wearing a hat!

Before the war all females had to wear hats in Church. I remember having a very pretty straw hat which I hated because it was ‘Prickly’.

One day when I was about nine or ten years old, I was in the village when the bell rang for Church. How nice I thought, I’ll enjoy going to the service, so I went in. I was enjoying the service when it suddenly dawned on me that I was the only girl in Church without a hat! All the other women had HATS. I was so embarrassed that I wanted to disappear! What a relief it was when the Archbishop declared that, because of the war, hats no longer had to be worn in Church. It was sad that a child should have been embarrassed because of a hat. I’m sure Our Lord didn’t mind!!

Church and Wedding Customs

For years it was the custom in Cumbria for local children to demand ‘A toll’ from a wedding party.

The school children would gather on the road outside the Church and the older ones would stretch a rope across the road to hold up the wedding party. To drop the rope, they demanded payment!

All the wedding guests knew about the rope and would come prepared with a good supply of pennies. These were thrown out in handfulls. It was good fun all round with lots of children chasing the pennies!

It is sad to see old customs lost, but the roads are now too busy for such customs to be continued safely.

LOGS FOR SALE

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017687 77298 or 07792 043080

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YHA BORROWDALE

Borrowdale Youth Hostel (formerly Longthwaite YH) sits tidily on the fringe of Johnny's Wood with the River Derwent flowing through the grounds. The hostel was purpose built in 1939 and it still retains much of its original Ski Lodge aesthetic. There is an abundance of wildlife in and around our grounds such as red squirrels, stoats, deer and many uncommon birds.

The hostel has 86 beds in a variety of dormitory rooms and private rooms; there are also three camping pods and a camping field. Most weekends and throughout the summer we generally have around 100 guests on site. To cater for that many guests we have 11 staff members, 5 of which are permanent, the rest are seasonal. Nearly all of the staff live on site and make up the entire population of Longthwaite village.



We are one of the most popular Lakeland hostels and remain open all year round. We accommodate anyone and everyone; families, walkers, cyclists, climbers and very excitable school groups. Last year we had a massive 25,000 overnight stays.

We serve cooked breakfast, packed lunches and evening meals which are also open to non residents. Our bar is growing in popularity every year; we serve local cask ale, draught cider and lager, wine and spirits. We have a fantastic coffee machine and talented baristas, which is much needed in our busy café. Last year we served 5,770 hot drinks.

Over the years we have hosted many events at the hostel from large scale trail races to picturesque weddings. Our annual fell race takes place in January and always brings in a big crowd to take on the uphill challenge of Castle Crag. We have music nights throughout the year bringing in a whole range of different musical genres.



This year we arranged a World Earth Day event to collect litter in the local area, we collected a staggering nine bin bags full. Later this year we have a guided walk & talk with Alex Staniforth, an Art exhibition by Kate Marriott and the team will be undertaking the Billy Bland relay challenge.

As part of the large YHA network, we are a charity and all profits go directly back into the hostels themselves or into subsidised trips for disadvantaged children and families.

Feel free to drop by anytime and have a brew in our stunning location!

LADIES AND GENTS!

This is just a wee update on our valley public toilets. Many of you will be aware that both the Lodore and Grange toilets were due to go up for sale by auction in April by Allerdale Council. However, the sale of Grange toilets has been stalled for a short while. I have stimulated awareness and with the intervention of Trudy Harrison MP and Councillor Tony Lywood moved by the motion of keeping the toilets alive, Allerdale Council have told me that while there are interested parties seeking a sustainable solution, the toilets will remain open for the time being. The Lodore toilets are unfortunately due to be sold by auction sometime this year.



Over the Easter period counters have been fitted in both the ladies and gents toilets in the village to check the footfall with an interested party hoping that they will be bowled over with an abundance of clientel. They will then decide whether to engage themselves with a viable business asset.

So, we are flushed with excitement and looking forward eagerly to the next link in the chain. Hopefully it will be a good job done! Watch this space...

Marilyn Woodthorpe

BYBECK TEA LOAF

Ingredients

- 340g self raising flour.
- 510g mixed dried fruit (to include dried apricots, cherries or prunes chopped if so desired).
- 170g dark brown sugar.
- 1 good heaped tsp mixed spice.
- 2 eggs beaten.
- 1 cup of cold tea (maybe to include a spot of brandy)



Method

Soak the dried fruit and sugar overnight. Add the flour, beaten eggs and the mixed spice to the soaked fruit mixing well together.

Place in a lined 2lb loaf tin and bake for 1½ hours at 160 degrees or 320 degrees F.

ENJOY!

Marilyn Woodthorpe

Worship and Dates...

3rd June	10-30 am Saint Andrew's, Stonethwaite. No evensong at Grange this week.
10th June	10-30 am Holy Trinity, Grange.
12th June	4-30 pm Borrowdale Story Group, Bybeck.
13th June	9-30 am Borrowdale News Editorial Group, Northside.
17th June	10-30 am Saint Andrew's, Stonethwaite. CAKE SUNDAY. 4 pm Evensong Holy Trinity, Grange.
19th June	7-9 pm Heartstart - CPR training course, The Institute.
20th June	10-30 am Parish Coffee Morning, Borrowdale Youth Hostel
21st June	7-9 pm Heartstart - CPR training course, Borrowdale Story, Grange.
24th June	10-30 am Holy Trinity, Grange.
1st July	10-30 am Saint Andrew's, Stonethwaite. New A Club + HC. 4 pm Evensong, Holy Trinity, Grange.
7th July	Some sort of an evening event with a Hog Roast at The Institute.
8th July	10-30 am Holy Trinity, Grange.
15th July	10-30 am Saint Andrew's, Stonethwaite. 4 pm Evensong at Holy Trinity, Grange.
20th July	12 noon. Copy Date for Borrowdale News.
22nd July	10-30 am Holy Trinity, Grange. Convention Preacher.
25th July	10-30 am Parish Coffee Morning. Barrow House Independent Youth Hostel.
25th July	7 pm Borrowdale Parish Council Meeting, The Institute.
29th July	10-30 am Holy Trinity, Grange. 4 pm Evensong at Grange.

Dates Forward:

Valley Arts Weekend at The Institute. New Date - 7th-10th September.

Future PCC Meetings - 4th September, 7th November. 1 pm.

Contacts:

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